

南泉普願禪法生活化解讀

歐陽鎮

摘要

本文從三個方面解讀南泉普願禪法生活化的內涵：一是詮釋南泉普願農禪並重的思想是一種在生活中修行的禪機；二是闡釋南泉普願「南泉斬貓」的公案是一種在生活中引導眾生的禪意；三是解釋南泉普願「向異類行」的理念是一種生活中弘法的禪境。

關鍵詞：南泉普願、禪宗公案、生活化

The Illustration of the Daily Zen of Nanquan Puyuan

Ouyang Zhen

Abstract

In this essay, the connotation of the Daily Zen of Nanquan Puyuan will be illustrated in three aspects. Firstly, the idea of combining Zen and agriculture of Nanquan Puyuan basically means the daily practice of Zen; secondly, the case of “Nanquan Killed the Cat” shows the way of the daily guidance of Zen; thirdly, the idea of “Learning from the Beasts” is actually preaching Zen in daily life.

Keywords: Nanquan Puyuan; Zen Case; Life