

慈悲三昧水懺不食肉觀之研究

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摘要

中國佛教的不食肉觀包涵着道、養生，以及自然與人的進化等思想。本文分析了三昧慈悲水懺法的不食肉觀，指出它是對梁武帝不食肉主張的發揮。水懺鮮明反對殺業，宣揚佛教五戒中的不殺生，堅持眾生平等。因而，水懺的不食肉觀，反映出戒殺理念從不自覺到自覺的變化。

關鍵詞：慈悲三昧水懺、不食肉、悟達國師、梁武帝

The Notion of Non-meat Eating in Compassionate *Samādhi* Water Repentance

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Abstract

The notion of non-meat eating in Compassionate *Samādhi* Water Repentance integrates the thoughts of filial piety, life preservation, and the evolution of the nature and human being. This article points out that this notion, inherited from the edict of Emperor Liang Wu-di, promoted further the practice of non-violence originated from the emperor's command. Compassionate *Samādhi* Water Repentance objects to the karma of killing, and publicizes the ideas of non-killing according to the first commandment, and "existence being equal". The non-meat eating concept in Compassionate *Samādhi* Water Repentance has experienced several stages of development, reflecting the precept of non-killing was advocated unconsciously in the initial stage and consciously afterwards.

Keywords: Compassionate *Samādhi* Water Repentance, non-meat eating, Master Wuda, Emperor Liang Wu-di

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