# Theravāda Teachings and Buddhist Meditation Training in Hong Kong

Bill M. Mak

### Abstract

As a result of the unique social and geopolitical position of Hong Kong, Buddhism in the former British colony since the early 20<sup>th</sup> century has gone on a course different from its Mainland counterpart. The favorable environment in Hong Kong also catapulted Hong Kong Buddhism to the forefront of some of the latest developments in Chinese Buddhism or Buddhism within the Chinese societies. The rapid development of Theravāda Buddhism in Hong Kong since the 1990s is one of the latest of such developments and its continual impact to both local Buddhism as well as the Mahāyāna-dominated Chinese society at large will require proper evaluation.

**Keywords:** Hong Kong, Theravāda Buddhism, Chinese Buddhism, meditation

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## 香港的南傳佛教與南傳禪修

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#### 摘要

由於香港特殊的社會、政治和各種地緣因素,佛教在香港的發展自二十世紀早期起走上一條與中國大陸不同的路。各種有利因素促使香港佛教長期以來在華人世界裏擔當前瞻性的角色。本文探討自九十年代於香港扎根並迅速發展的南傳佛教並嘗試評估其特質和對本土以至華人社區裏主流大乘佛教的影響。

關鍵詞:香港、南傳佛教、漢傳佛教、禪修

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