

「但寫真情並實境」：都穆詩論探析

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作為吳中古文辭運動初興期的參與者、北方文學復古思想的最早接觸者，都穆（1459–1525）的身份與詩論主張值得關注。其撰著《南濠詩話》，強調追復抒真情、寫實境的詩歌本質，主復古而能正視宋詩價值，兼取多樣的詩歌風格，注重詩人忠厚的倫理道德與苦吟的詩學工夫。相比早期以詩歌持攝性情、重意輕辭的復古先聲，都穆的詩歌復古主張已體現出情本上揚的時代趨勢。而與同輩復古論者相比，都穆論詩遍及唐、宋、元、明等近代、近體詩歌，並不專主漢魏、盛唐。此種並不「典型」的復古詩論，正是其個人特色、價值所在，亦為第一次文學復古運動興起期「復古」思想多重面向、吳中詩歌復古思想地域獨特性的具體體現。

關鍵詞：都穆 《南濠詩話》 復古

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‘Writing the True Feelings and Circumstances’: A Study of Du Mu’s Theory of Ancient Chinese Poetics

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Du Mu (1459–1525) was an active figure in the Ancient Literature movement in the Wuzhong region and one of the earliest writers to have explored the idea of literary archaism in northern China. Thus, his role in both literary trends and his poetic approach deserves special attention. In his treatise, *Nanhao shihua* (Poetry talks of Master Nanhao), Du Mu emphasized the return to the essence of poetry to express true feelings and circumstances, arguing for an archaist style that can best showcase the diversity and value of the Song poetry and appreciating the poet’s inherent character of loyalty and assiduity. Compared with his predecessors who privileged lofty ideals and aspirations over emotional expressions and rhetorics, Du Mu’s theory witnessed the tendency of his time to “lyricize.” Unlike his contemporaries, Du Mu demonstrated in his treatise a broad interest in the “recent-style poetry” (*jintishi*) from the Tang, Song, Yuan, and Ming dynasties, and did not confine himself to that of the Han-Wei, and the High Tang periods. It is this “unorthodox” theory of literary archaism that highlights Du Mu’s personal characteristics and importance; it also facilitated the multifaceted reflections on archaism during the rise of the first Ancient Literature movement of the Ming dynasty, and showed the regional uniqueness of the Ancient Literature movement in the Wuzhong region.

Keywords: Du Mu *Nanhao Shihua* literary Archaism

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